



Nutrition Facts 2017*

Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
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Shrimp Builds

Surf & Turf Burrito Bowl

Tropical Shrimp Taco

Shrimp Salad

Bare Bones Burrito

FCM	453	590	160	18	3.5	0	45	1550	1000	72	17	5	35
FCM	115	140	40	4	1	0	10	540	240	17	3	2	9
FCW	456	750	390	43	8	0	25	1640	950	67	7	11	26
MWG	291	580	180	20	8	0	85	1330	540	71	11	3	30

Knockout Tacos®

Drunken Yardbird

Mad Rancher

Two Timer

Triple Threat

The Gladiator

Bohemian Veg

MWG	127	220	70	8	2	0	45	540	310	25	3	6	12
MWG	141	230	90	10	3	0	60	780	330	21	3	2	15
MWG	152	290	120	13	6	0	55	600	230	28	3	2	15
MWG	141	250	110	12	5	0	55	730	290	17	2	2	17
EMFWG	123	280	150	17	5	0	45	660	280	16	2	1	17
MWG	147	230	80	9	4	0	20	530	310	28	7	2	9

Nacho Builds

Chicken Fajita Nachos

Habanero BBQ Brisket Nachos

Spicy Chicken Nachos

M	612	1150	490	55	19	1	165	2170	1170	121	28	12	47
MSWG	638	1310	560	62	21	1	105	3160	1040	147	31	27	39
M	666	1200	480	54	18	1	165	3850	1040	135	29	23	48

Ingredients for Entrées

Ancho Chili BBQ Sauce

Bacon, smoked

Beef, Seasoned Ground

Beef, Smoked Brisket

Black Bean Corn Salsa

Black Beans

Brown Rice

Cheese, Cotija

Cheese, Shredded

Chicken, Grilled Marinated

Chicken, Tequila-Lime

Chimichurri Sauce

Chorizo

Cilantro

Cilantro Lime Rice

Cilantro Lime Dressing (seasonal)

Corn Tortilla 5.5"

Corn Tortilla Chips

Crispy Corn Tortilla Strips**

MSWG	57	90	25	3	1	0	0	540	125	17	2	12	0
	8	35	25	3	1	0	10	130	-	0	0	0	3
M	99	190	90	11	4	1	65	560	290	4	0	1	21
	99	270	180	20	8	0	70	1220	550	3	0	1	20
	57	110	10	1	0	0	0	65	320	24	7	2	7
	113	140	10	1	0	0	0	330	360	24	14	1	9
	113	170	10	2	0	0	0	250	115	35	3	1	4
M	28	100	70	8	5	0	25	470	25	2	0	0	6
M	43	170	120	13	8	1	45	270	45	1	0	0	10
M	99	170	70	8	3	0	105	530	400	4	1	1	22
M	50	100	30	4	1	0	45	230	170	9	1	5	10
	43	100	90	10	2	0	0	140	120	2	1	0	1
M	99	200	110	12	4	0	60	780	340	5	0	2	18
	3	0	0	0	0	0	0	0	20	0	0	0	0
	113	190	25	3	1	0	0	390	30	38	1	0	3
	21	50	45	5	1	0	0	180	20	2	0	2	0
WG	15	40	5	0	0	0	0	0	--	8	1	0	1
WG	113	560	230	26	5	0	0	220	0	75	9	2	7
WG	2	10	5	0	0	0	0	0	0	1	0	0	0



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Crispy Corn Taco Shell**	WG	13	60	25	3	1	0	0	0	0	8	1	0	1
Crunchy Flour Tortilla Bowl	WG	73	390	200	22	5	0	0	150	50	41	0	1	7
Eggs	ME	170	230	140	16	5	0	600	440	180	2	0	0	19
Fajita Vegetables		57	35	15	2	0	0	0	180	120	4	1	2	1
Fiery Habanero		57	20	5	0	0	0	0	260	0	3	1	2	1
Flour Tortilla (5.5")	WG	24	70	15	2	1	0	0	170	25	12	1	0	2
Flour Tortilla (10")	WG	71	210	45	5	2	0	0	490	70	36	2	1	6
Flour Tortilla (12.5")	WG	102	300	60	7	3	0	0	760	50	52	3	2	8
Guacamole		85	130	90	10	2	0	0	300	370	7	3	0	1
Lettuce, Shredded		9	0	0	0	0	0	0	0	20	0	0	0	0
Mango Salsa (seasonal)		113	60	0	0	0	0	0	180	0	14	2	9	1
Mexican Caesar Dressing	EFM	14	90	80	9	2	0	5	160	5	1	0	0	1
Minced Onions		9	0	0	0	0	0	0	0	0	0	0	0	0
Picante Ranch	M	43	40	0	0	0	0	0	500	50	10	1	3	0
Pico de Gallo		57	10	0	0	0	0	0	70	95	3	1	2	0
Pinto Beans		113	130	5	1	0	0	0	350	440	23	14	1	8
Pineapple Pico		57	20	0	0	0	0	0	35	80	5	1	4	0
Pork, Pulled		113	160	40	5	2	0	80	390	420	10	0	1	19
Potatoes, Seasoned	WG	57	130	50	6	1	0	0	260	230	17	2	0	2
Queso Diablo	M	113	160	110	13	8	0	40	700	130	7	2	2	5
Roasted Chile Corn Salsa		57	50	5	1	0	0	0	105	125	10	2	1	2
Salsa Roja		57	20	0	0	0	0	0	460	--	4	1	2	1
Salsa Verde		57	15	0	0	0	0	0	280	90	3	1	1	0
Sour Cream, Lite	M	57	50	40	5	3	0	15	40	100	2	0	2	3
Shrimp Fire Roasted / Glazed (5 piece)	FC	49	45	5	0	0	0	10	390	80	3	0	1	8
Shrimp Fire Roasted / Glazed (10 piece)	FC	99	90	5	0.5	0	0	25	790	160	6	1	2	16
Steak, Grilled Marinated	M	99	180	70	8	3	0	65	460	490	2	0	0	26
Three Cheese Queso	M	57	90	70	8	5	0	25	350	45	3	1	1	3
Tortilla Soup	S	227	100	40	5	1	0	0	1390	220	11	4	2	3
Whole Wheat Flour Tortilla 12.5"	WG	96	270	40	5	1	0	0	590	220	47	5	3	11

Ingredients for Kids Items

Black Beans		57	70	5	0	0	0	0	170	180	12	7	0	5
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Brown Rice		57	80	5	1	0	0	0	125	55	18	1	1	2
Cheese, Shredded	M	42	70	50	6	4	0	20	270	35	2	1	0	2
Chicken, Grilled Marinated	M	50	80	35	4	1	0	50	270	200	2	1	0	11
Cilantro Lime Rice		57	90	10	2	0	0	0	190	15	19	1	0	2
Corn Tortilla 5.5"	WG	15	40	5	0	0	0	0	0	--	8	1	0	1
Corn Tortilla Chips	WG	113	560	230	26	5	0	0	220	0	75	9	2	7
Flour Tortilla (5.5")	WG	24	70	15	2	1	0	0	170	25	12	1	0	2
Guacamole		28	45	30	4	0	0	0	100	125	2	1	0	0
Pinto Beans		57	70	5	0	0	0	0	180	220	12	7	0	4
Pork, Pulled		57	80	20	2	1	0	40	190	210	5	0	0	10
Sour Cream, Lite	M	28	35	25	3	2	0	10	25	60	1	0	1	2
Steak, Grilled Marinated	M	50	90	35	4	2	0	35	230	240	1	0	0	13
Three Cheese Queso	M	57	90	70	8	5	0	25	350	45	3	1	1	3

Others

Apple Sauce, Natural		111	50	0	0	0	0	0	0	85	13	1	11	0
Brownies	WSETPG	88	360	140	16	3	0	15	210	0	52	2	35	4
Cookie, Chocolate Chunk*	WSMETPG	54	260	120	13	7	0	15	170	-	33	1	19	2

Allergen Key

S = Soy

E = Egg

F = Fish

M = Milk

P = Peanuts

C = Crustacean Shellfish

T = Tree Nuts

W = Wheat

G = Gluten

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Like most restaurants, our restaurants prepare and serve products that contain Egg, Milk, Soy, and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Qdoba products are right for you. We also recommend reviewing our ingredient and allergen information frequently at www.qdoba.com as our menu items and ingredients may change.

Letters in Red: May contain the allergen. There are products containing wheat, soy, milk, egg and gluten in our restaurants where cross contact may occur during food preparation and storage. If you have a food allergy to any of the ingredients prepared or served in our restaurants, please keep this in mind when deciding which Qdoba products are right for you.

* Nutrition information is based on representative values provided by suppliers and testing conducted by accredited laboratories. The nutritional content of Qdoba products may vary because our products are made to order by hand and individual serving sizes can vary based on the server and customer requests when ordering. This, along with changes in growing seasons and multiple suppliers, may contribute to variations in the nutrition values for each product. Serving size based on standard entree portion size.

ATTENTION VALUED GUESTS

Although the staff at Qdoba takes precautions to safely handle ingredients and foods that contain WHEAT, SOY, EGGS, MILK, TREE NUTS, PEANUTS, FISH, AND SHELLFISH, cross-contamination may occur. Please request to speak to management if you have any questions or concerns

X Contains the allergen.

Δ May contain the allergen.

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean /Shellfish	Gluten
Ancho Chili BBQ Sauce	X	X	X						X
Apple Sauce, Natural									
Bacon, Smoked									
Beef, Seasoned Ground			X						
Beef, Smoked Brisket									
Black Bean Corn Salsa									
Black Beans									
Brown Rice									
Brownies	X	X		X	Δ	Δ			X
Cheese, Cotija			X						
Cheese, Shredded			X						
Chicken, Grilled Marinated			X						
Chimichurri Sauce									
Chorizo			X						
Cilantro Lime Rice									
Cilantro Lime Dressing (seasonal)									
Cookie, Chocolate Chunk*	X	X	X	X	Δ	Δ			X
Corn Tortilla Chips	Δ								Δ
Crispy Corn Tortilla Strips**	Δ								Δ
Crispy Corn Taco Shell**	Δ								Δ
Corn Tortilla 5.5"	Δ								Δ
Crunchy Flour Tortilla Bowl	X								X
Eggs			X	X					
Fajita Vegetables									
Fat Free Picante Ranch			X						
Fiery Habanero									
Flour Tortilla	X								X
Guacamole									
Mango Salsa (seasonal)									
Mexican Caesar Dressing			X	X			X		
Pico de Gallo									
Pineapple Pico									
Pinto Beans									
Pork, Pulled									
Potatoes, Seasoned	X								X
Queso Diablo			X						
Red Chile Sauce									
Roasted Chile Corn Salsa									
Salsa Roja									
Salsa Verde									
Shrimp, Fire Roasted /Glazed							X	X	
Sour Cream, Lite			X						
Steak, Grilled			X						
Three Cheese Queso			X						
Tortilla Soup		X							

Whole Wheat Flour Tortilla	X								X
Shrimp Builds - based on standard builds; actual ingredients may vary with guest preference; wheat / gluten in flour tortilla									
Surf & Turf Burrito Bowl			X				X	X	
Tropical Shrimp Taco			X				X	X	
Shrimp Salad	X						X	X	X
Burrito Build - based on standard builds; actual ingredients may vary with guest preference; wheat / gluten in flour tortilla									
Bare Bones Burrito	X		X						X
Knockout Tacos® - based on standard builds; actual ingredients may vary with guest preference; wheat / gluten in flour tortilla									
Drunken Yardbird	X		X						X
Mad Rancher	X		X						X
Two Timer	X		X						X
Triple Threat	X		X						X
The Gladiator	X		X						X
Bohemian Veg	X		X						X
Nacho Builds - based on standard builds; actual ingredients may vary with guest preference									
Chicken Fajita Nachos			X						
Habanero BBQ Brisket Nachos	X	X	X						X
Spicy Chicken Nachos			X						

* Products may vary by store.

** Fryer oil has contact with product containing wheat and gluten ingredients.

INGREDIENT STATEMENTS

Ancho Chili BBQ Sauce water, sugar, seasoning (chili pepper, bleached enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], modified corn starch, sugar, salt, corn syrup solids, spice, silicon dioxide), semi-sweet chocolate chips ([sugar, chocolate, cocoa butter, milkfat, soy lecithin, vanillian, artificial flavor], milk), crackers (unbleached enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], soybean oil, sugar, partially hydrogenated cottonseed oil, salt, leavening [baking soda and/or calcium phosphate], high fructose corn syrup, soy lecithin, natural flavor, malted barley flour), salt, pumpkin seeds, seasoning (sugar, maltodextrin [from corn], salt, garlic powder, onion powder, natural smoke flavor, tomato flavor, citric acid, spice, dextrose, paprika [color], silicon dioxide), soybean oil, garlic (garlic, water), seasoning (sugar, mesquite smoke flavor [maltodextrin from corn], salt, garlic powder, onion powder, tomato flavor, citric acid, spice, dextrose, paprika [color], silicon dioxide).

Contains: Milk, Soy, Wheat, Gluten.

Apple Sauce, Natural Apples, Water, Ascorbic Acid (Vitamin C).

Bacon, Smoked Cured with: water, salt, contains 2% or less of sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite and may contain dextrose, sodium diacetate.

OR

Cured With: Water, Salt, Sodium Nitrite, Contains One Or More Of The Following: Sugar, Dextrose, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Potassium Chloride, Apple Flavor (May Contain Water, Sugar, Dextrose, Natural Flavoring).

OR

Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite. **May contain smoke flavoring**

Beef, Seasoned Ground Beef, seasoning (chili pepper, salt, modified corn starch, corn syrup solids, sugar, corn starch, sodium phosphate, whey, dehydrated garlic, dehydrated onion, grill flavor (from vegetable oil), smoke flavor, spice, disodium inosinate & disodium guanylate, no more than 2% silicon dioxide added to prevent caking), water. **Contains Milk.**

Beef, Smoked Brisket Beef, Water, Hydrolyzed Corn Protein, Potassium Lactate, Sodium Lactate, Salt, Beef Flavour, Sodium Phosphate, Sodium Diacetate, Natural Flavour, Smoke. Rub: Salt, Dextrose, Garlic and Onion Powder, Caramel, Spices.

Black Bean Corn Salsa Corn and Pepper Blend (Corn, Poblano Peppers, Red Peppers), Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt, Black Beans.

Black Beans Black Beans, Red Onions, Cumin, Water, Lime Juice, Salt.

Brown Rice Brown Rice, Rice Seasoning (Fire Roasted Tomatoes, Fire Roasted Garlic, Chipotle Pepper Puree [Water, Chipotle Pepper], Salt, Vinegar, Sugar, Yellow Onions, Spices, Soybean Oil), Pan Release Spray (Canola Oil, Capric/Caprylic Triglycerides, Phosphated Mono and Diglycerides, Calcium Stearate, Silicon Dioxide, Propellant [Non-Chlorofluorocarbon]).

Brownies Brownie Base (Sugar, Enriched Bleached Wheat Flour [Bleached Wheat Flour, Ferrous Sulphate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Cocoa, Soybean Oil, Salt, Cornstarch, Leavening [Sodium Bicarbonate]), Canola Oil, Water, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin), Liquid Whole Egg. **Contains Wheat, Gluten, Soy, Egg, (May Contain Tree Nuts and Peanuts)**

Cheese, Cotija Pasteurized Milk, Enzymes, Cultures, Salt, Free Flow Powder (Potato Starch, Corn Starch, Dextrose, Calcium Sulfate, Natamycin, Enzyme) Added to prevent caking. **Contains Milk.**

OR

Pasteurized Grade A Whole Milk, Salt, Rennet, Enzymes and Cellulose. **Contains Milk.**

OR

(Canada only): Cultured Pasteurized cow milk, salt, microbial enzyme. **Contains Milk.**

Cheese, Shredded Asadero Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Queso Quesadilla Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), AntiCake (Potato Starch, Corn Starch, Cellulose and Natamycin a natural mold inhibitor). **Contains Milk**

Chicken, Grilled Marinated Boneless Skinless Chicken Thighs containing up to an 11.55% solution of Water, Chili Pepper, Vegetable Oil, Salt, Sodium Phosphates, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (from Vegetable Oil), Smoke Flavor, Disodium Inosinate, Disodium Guanylate. **Contains Milk**

OR

Boneless Skinless Chicken Thighs containing up to an 11.35% solution of Water, Adobo Seasoning (Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (from Vegetable Oil), Smoke Flavor, Disodium Inosinate, Disodium Guanylate), Soybean Oil, Sodium Phosphates. **Contains Milk**

Chimichurri Sauce CILANTRO, SOYBEAN OIL, RED ONIONS, LIME JUICE, SOFRITO SEASONING Onions, Garlic, Olive Oil, Salt, Red Bell Peppers, Cilantro, Jalapeño Peppers, Mirepoix (Sautéed Vegetables [Carrot, Onions, Celery], Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin [from Corn], Carrot Powder), Spice, Xanthan Gum, Jalapeno Pepper.

Chorizo Pork, Seasoning (Chili Pepper, Salt, Modified Corn Starch, Corn Syrup Solids, Sugar, Corn Starch, Sodium Phosphate, Whey, Dehydrated Garlic, Dehydrated Onion, Grill Flavor [from Vegetable Oil], Smoke Flavor, Spice, Disodium Inosinate and Disodium Guanylate, and no more than 2% Silicon Dioxide added to prevent caking), Water. **Contains Milk**

Cilantro Lime Rice Rice, Cilantro, Salt, Lime Juice, Soybean Oil, Pan Release Spray (Canola Oil, Capric/Caprylic Triglycerides, Phosphated Mono and Diglycerides, Calcium Stearate, Silicon Dioxide, Propellant [Non-Chlorofluorocarbon])

Cilantro Lime Dressing (*seasonal*) Salsa Verde (Tomatillos, Water, Jalapeño Peppers, Salt, Less than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum), Soybean Oil, Lime Juice, Water, Sugar, Sofrito Seasoning (Onions, Garlic, Olive Oil, Salt, Red Bell Peppers, Cilantro, Jalapeño Peppers, Mirepoix [Sautéed Vegetables (Carrot, Onions, Celery), Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin (from Corn), Carrot Powder], Spice, Xanthan Gum), Cilantro, Salt, Jalapeño Peppers.

Cookie, Chocolate Chunk* Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Semi-Sweet Chocolate Chunks (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla Extract, Salt), Palm Oil, Eggs, Contains 2% or less of: Molasses, Cultured Butter (Pasteurized Cream, Natural Flavors), Salt, Baking Soda, Natural and Artificial Flavors. **Contains Wheat, Gluten, Soy, Egg, Milk.**

OR

(New York only): Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chunks (Sugar, Unsweetened Chocolate, Cocoa Butter, Dextrose, Soy Lecithin, Vanilla Extract, Milk), Margarine (Palm Oil, Water, Contains 2% Or Less Of: Salt, Mono- And Diglycerides, Natural Flavor, Citric Acid, Vitamin A Palmitate Added, Beta Carotene [Color]), Sugar, Invert Sugar, Eggs, Butter (Cream[Milk], Salt), Corn Syrup, Contains 2% Or Less Of: Whey (Milk), Modified Corn Starch, Chicory Root Fiber, Molasses, Baking Soda, Salt, Natural And Artificial Flavor. **Contains Eggs, Milk, Soy, Wheat, Gluten.**

Corn Tortilla Chips** White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and Phosphoric Acids to preserve freshness, Guar Gum, Amylase), Fryer Oil (Soybean Oil), Salt, Lime Juice.

Crispy Corn Tortilla Strips** White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and Phosphoric Acids to preserve freshness, Guar Gum, Amylase), Fryer Oil (Soybean Oil), Salt.

Crispy Corn Taco Shell** White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and Phosphoric Acids to preserve freshness, Guar Gum, Amylase), Fryer Oil (Soybean Oil).

Corn Tortilla Water, Whole Grain Corn, Contains 2% or less of: Salt, Cellulose Gum, Guar Gum, Enzymes, and Propionic Acid, Benzoic Acid and Phosphoric Acid (to maintain freshness).

Crunchy Flour Tortilla Bowl Flour Tortilla, 10" (Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Shortening [Interesterified Soybean Oil, Hydrogenated Soybean Oil], Less than 2% Salt, Leavening [Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate], Dough Conditioners [Fumaric Acid, Sodium Metabisulfite], Calcium Propionate and Sorbic Acid (to preserve freshness), Fryer Oil (Soybean Oil)).

Contains Wheat, Gluten.

OR

Flour Tortilla, 10" (Enriched Bleached Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Shortening [Interesterified Soybean Oil, Hydrogenated Soybean Oil], Less than 2% Leavening [Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate], Salt, Dextrose, Mono and Diglycerides, Calcium Propionate and Sorbic Acid [to preserve freshness], Dough Conditioners [Fumaric Acid, Sodium Metabisulfite], Fryer Oil (Soybean Oil)). **Contains Wheat, Gluten.**

Eggs Whole Eggs, 19.0% Water, Egg Whites, Contains less than 2% of the following: Salt, Xanthan Gum, Citric Acid, Annatto (color), Natural Butter Flavor (Sunflower Oil, Natural Flavors, and Medium Chain Triglycerides). Cooked with Soybean Oil. **Contains Egg, Milk**

OR

(Limited Markets Only) Whole Eggs with Sodium Phosphate and Citric Acid (to preserve color), Nisin Preparation (preservative), Soybean Oil, Salt.

Contains Egg

Fajita Vegetables Red Peppers, Green Peppers, Red Onions, Soybean Oil, Salt, Spice (Oregano).

Fat Free Picante Ranch Dressing Fat Free Ranch Dressing (Water, Buttermilk, Vinegar, Maltodextrin [from Corn], Sugar, Salt, Cellulose Gel, Cellulose Gum, Less than 2%: Garlic, Titanium Dioxide, Xanthan Gum, Carrageenan, Sour Cream Solids [Milk], Potassium Sorbate, Calcium Disodium EDTA [to preserve freshness], Spice, Lactic Acid, Sorbic Acid, Natural Flavor, Citric Acid), Salsa Roja (Tomatoes, Tomato Puree, Water, Jalapeño Peppers, Fire-Roasted Tomatoes, Salt, Garlic, Spices, Modified Cornstarch, Corn Syrup, Natural Flavor, Xanthan Gum, Artificial Color [Titanium Dioxide]). **Contains Milk**

Fiery Habanero Salsa Tomatillos (Tomatillos, Citric Acid), Water, Roasted Habanero Chili Peppers, Seasoning (Salt, Spices, Corn Syrup Solids, Modified Cornstarch, Xanthan Gum, Propylene Glycol, Annatto Extract [Color], Silicon Dioxide), Garlic (Garlic, Water).

Flour Tortilla Enriched Bleached Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil). Contains 2% or less of each of the following: Leavening (Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Salt, Dextrose, Mono and Diglycerides, Calcium Propionate and Sorbic Acid (to preserve freshness), Dough Conditioners (Fumaric Acid, Sodium Metabisulfite). **Contains Wheat, Gluten.**

OR

Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or less of each of the following: Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Calcium Propionate and Sorbic Acid (to preserve freshness). **Contains Wheat, Gluten.**

Guacamole Avocados, Red Onions, Cilantro, Jalapeño Peppers, Lime, Juice, Salt.

Mango Salsa (*seasonal*) Mango, Cucumber, Pico de Gallo (Tomato, Red Onion, Jalapeño Pepper, Cilantro, Lime Juice, Salt), Jalapeño Peppers, Red Onions, Cilantro, Red Pepper, Lime Juice, Sugar, Salt.

Mexican Caesar Dressing Soybean Oil, Water, Parmesan Cheese (Cultured Milk, Salt, Enzymes), Distilled Vinegar, Anchovy Paste (Fish), Egg Yolk, Red Wine Vinegar, Contains less than 2% of: Garlic, Lemon Juice Concentrate, Sugar, Spices, Salt, Molasses, Corn Syrup, White Wine, Caramel Color, Citric Acid, Tartaric Acid, Tamarind, Natural Flavor.

Contains Eggs, Fish, Milk.

Pico de Gallo Tomato, Red Onion, Jalapeño Pepper, Cilantro, Lime Juice, Salt.

Pineapple Pico FIRE ROASTED PINEAPPLE Fire Roasted Pineapple, PICO DE GALLO Tomato, Red Onion, Jalapeño Pepper, Cilantro, Lime Juice, Salt.

Pinto Beans Pinto Beans, Red Onions, Cumin, Water, Lime Juice, Salt.

Pork, Pulled Pork, Water, Salsa Verde (Tomatillo, Water, Jalapeño Peppers, Salt, Less than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum), Lime Juice, Verde Seasoning (Salt, Cornstarch, Dehydrated Vegetables [Green Bell Pepper, Garlic, Onion, Tomato], Sugar, Maltodextrin [from Corn], Sodium Tripolyphosphate, Chili Pepper, Cilantro, Spices, Citric Acid, Natural Smoke Flavor, Natural Flavor, Less than 2% Silicon Dioxide [to prevent caking]), Sofrito Seasoning (Onions, Garlic, Olive Oil, Salt, Red Bell Pepper, Cilantro, Jalapeño Peppers, Mirepoix [Sautéed Vegetables (Carrot, Onion, Celery)], Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin (from Corn), Carrot Powder], Spice, Xanthan Gum).

Potatoes, Seasoned Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Spices, Cornmeal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Oleoresin Paprika, Dextrose. **Contains Wheat, Gluten.**

Queso Diablo Water, Half And Half (Cream, Milk), Chipotle Paste [Red Fresno Peppers, Chipotle Pepper Puree (Water, Chipotle Peppers), Tomatoes, Red Jalapeno Peppers, Distilled Vinegar, Contains Less Than 2% of Apple Cider Vinegar, Garlic, Basil, Cloves, Paprika, Modified Food Starch, Salt, Soybean Oil, Sugar, Tomato Paste, Onions], Pasteurized Process American White Loaf [American Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Salt], Pasteurized Process Monterey Jack Cheese Product [Cultured Milk And Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes], Roasted Diced Poblano Peppers, Tomatoes (Diced Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Seasoning [Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide (for color) And Oleoresin Of Paprika (for color), Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, and less than 2% Silicon Dioxide as a processing aid], Pasteurized Process Swiss American Cheese [Cultured Milk And Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes], Diced Jalapeno Peppers, Contains 2% or less of the following: Cheese Blend [Cheddar, Granular, Semi-Soft And Blue Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Sodium Phosphate, Vinegar, Salt], Corn Syrup Solids, Modified Food Starch, Sodium Phosphates, Chopped Garlic (Garlic and Water). **Contains: Milk.**

OR

Water, Whipping Cream, Chipotle Diablo Paste [Red Fresno Peppers, Chipotle Pepper Puree (Water, Chipotle Peppers), Tomatoes, Red Jalapeno Peppers, Distilled Vinegar, Contains less than 2% of Apple Cider Vinegar, Garlic, Basil, Cloves, Paprika, Modified Food Starch, Salt, Soybean Oil, Sugar, Tomato Paste, Onions], Poblano Peppers, Pasteurized Process American White Loaf [American Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Salt], Pasteurized Process Monterey Jack Cheese Product (Cultured Milk and Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes), Fire Roasted Tomatoes (Fired Roasted Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid), Seasoning [Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide (for color) and Oleoresin of Paprika (for color), Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder and less than 2% Silicon Dioxide as a processing aid], Green Jalapeno Peppers, Pasteurized Process Swiss American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes), Cheddar Cheese Ingredient [Cheddar, Granular, Semi-Soft and Blue Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Sodium Phosphate, Vinegar, Salt], Garlic (Garlic, Water). **Contains: Milk.**

Red Chile Sauce Chile Pepper Puree (Water, Chile Peppers), Water, Onions, Tomatoes, Agave Syrup, Garlic, Contains less than 2% of Canola Oil/Olive Oil Blend, Coriander, Cumin, Oregano, Modified Food Starch, Vegetarian Natural Chicken Type Flavor (Autolyzed Yeast Extract, Salt, Sugar, Onion Powder, Natural Flavor, High Oleic Acid Sunflower Oil, Silicon Dioxide (anti-caking agent), Spice, Garlic Powder, Carrot Powder), Sea Salt, Tomato Paste, Distilled Vinegar.

Roasted Chile Corn Salsa Corn and Pepper Blend (Corn, Poblano Peppers, Red Peppers), Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt.

Salsa Roja Tomatoes, Tomato Puree, Water, Jalapeno Peppers, Fire-Roasted Tomatoes, Salt, Garlic, Spices, Modified Corn Starch, Corn Syrup, Natural Flavor, Xanthan Gum, Titanium Dioxide (For Color).

Salsa Verde Tomatillo, Water, Jalapeño Peppers, Salt, Less than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum.

Shrimp, Fire Roasted/ Glazed AL PASTOR SHRIMP Shrimp, Water, Salt, Contains 2% Or Less Of: Palm Oil, Natural Smoke Flavor, Cane Sugar, Natural Flavor, Gelatin (extracted from tilapia fish), Guar Gum, Dehydrated Garlic, Maltodextrin, Corn Starch, Dehydrated Orange Peel, Dehydrated Onion, Citric Acid, Vegetable Oil (Canola, Cottonseed, and/or Soybean), Dehydrated Pineapple Juice Concentrate, Spices, Orange Juice Powder (orange juice solids and maltodextrin). **Contains Crustacean Shellfish (Shrimp), Fish (Tilapia)**

Soybean Oil - The FDA exempts highly refined soybean oil from being labeled as an allergen. Studies show most individuals with a soy allergy can safely eat soy oil that has been highly refined (not cold-pressed, expeller-pressed or extruded soybean oil). If you are allergic to soy, ask your doctor whether or not you should avoid soy oil.

Sour Cream, Lite Grade A Cultured Cream, Skim Milk, Water, Vitamin A Palmitate. **Contains Milk**

OR

Grade A Cultured Cream, Skim Milk, Vitamin A Palmitate. **Contains Milk**

Steak, Grilled Beef, Water, Seasoning (Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (From Vegetable Oil) and Smoke Flavor, Disodium Inosinate and Disodium Guanylate), Soybean Oil, Food Starch, Dextrose, Bromelain, Soybean Oil. **Contains: Milk**

OR

Beef, Water, Seasoning [Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor, and Smoke Flavor, Disodium Inosinate and Disodium Guanylate], Vegetable Oil, Food Starch, Dextrose, Bromelain, Soybean Oil. **Contains: Milk**

OR

Boneless Beef Ranch Steaks, Tenderized with Bromelain, containing up to a 15% solution of Seasoning [Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (from Vegetable Oil), Smoke Flavor, Disodium Inosinate and Disodium Guanylate], Water, Soybean Oil, Salt. **Contains: Milk**

Three Cheese Queso Water, Cream (Cream, Milk), Pasteurized Processed Monterey Jack Cheese (Monterey Jack Cheese [Cultured Milk And Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes), Pasteurized Processed American Loaf (American Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Water, Milkfat, Sodium Phosphate, Salt), Roasted Poblano Peppers, Roasted Tomatoes (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Seasoning (Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide [For Color], Oleoresin Of Paprika [For Color], Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, Silicon Dioxide), Jalapeno Peppers, Pasteurized Processed Swiss And American Cheese (Cultured Milk And Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes), Cheddar Concentrate (Cheddar, Granular, Semisoft And Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Vinegar, Salt), Corn Syrup Solids, Modified Corn Starch, Garlic (Garlic, Water). **Contains:**

Milk

OR

Water, Whipping Cream, Pasteurized Process Monterey Jack Cheese Product (Cultured Milk and Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes), Pasteurized Process American White Loaf [American Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Salt], Roasted Poblano Peppers, Fire Roasted Tomatoes (Fire Roasted Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid), Seasoning [Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide (for color) and Oleoresin of Paprika (for color), Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, Silicon Dioxide], Jalapeno Peppers, Pasteurized Process Swiss American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Phosphate, Salt and Enzymes), Cheddar Cheese Ingredient [Cheddar, Granular, Semi-Soft and Blue Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Sodium Phosphate, Vinegar, Salt], Corn Syrup Solids, Modified Corn Starch, Garlic (Garlic, Water). **Contains: Milk**

Tortilla Soup Water, Tomatoes (Diced Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid), Seasoning [Modified Cornstarch, White Corn Flour, Dry Bell Pepper, Salt, Spices, Dry Garlic, Soy Lecithin, Natural and Artificial Flavor, Chili Pepper, Maltodextrin [from Corn], Disodium Inosinate, Disodium Guanylate, Dextrose, Vegetable Gums (Xanthan, Guar, Carob Bean), Dry Onion, Flavor (Contains Maltodextrin [From Corn], Salt), Poblano Peppers, Onions, Vegetarian Chicken Flavor Base (Water, Salt, Hydrolyzed Soy and Corn Protein, Soy Protein Concentrate, Corn Oil, Onion Powder, Autolyzed Yeast Extract, Flavoring, Soy Protein Isolate, Sugar, Garlic Powder, Turmeric), Soybean Oil, Tomato Paste (Tomatoes), Jalapeño Peppers, Cilantro. **Contains Soy**

Whole Wheat Flour Tortilla Whole Wheat Flour, Water, Bleached Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Vital Wheat Gluten, Mono and Diglycerides of Fatty Acids, Natural Flavor, Salt, Sugar, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Calcium Propionate, Sodium Aluminum Sulfate, Fumaric Acid, Potassium Sorbate, Sodium Stearoyl Lactylate (SSL), Guar Gum, Enzymes, Sodium Metabisulfite. **Contains Wheat, Gluten.**

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